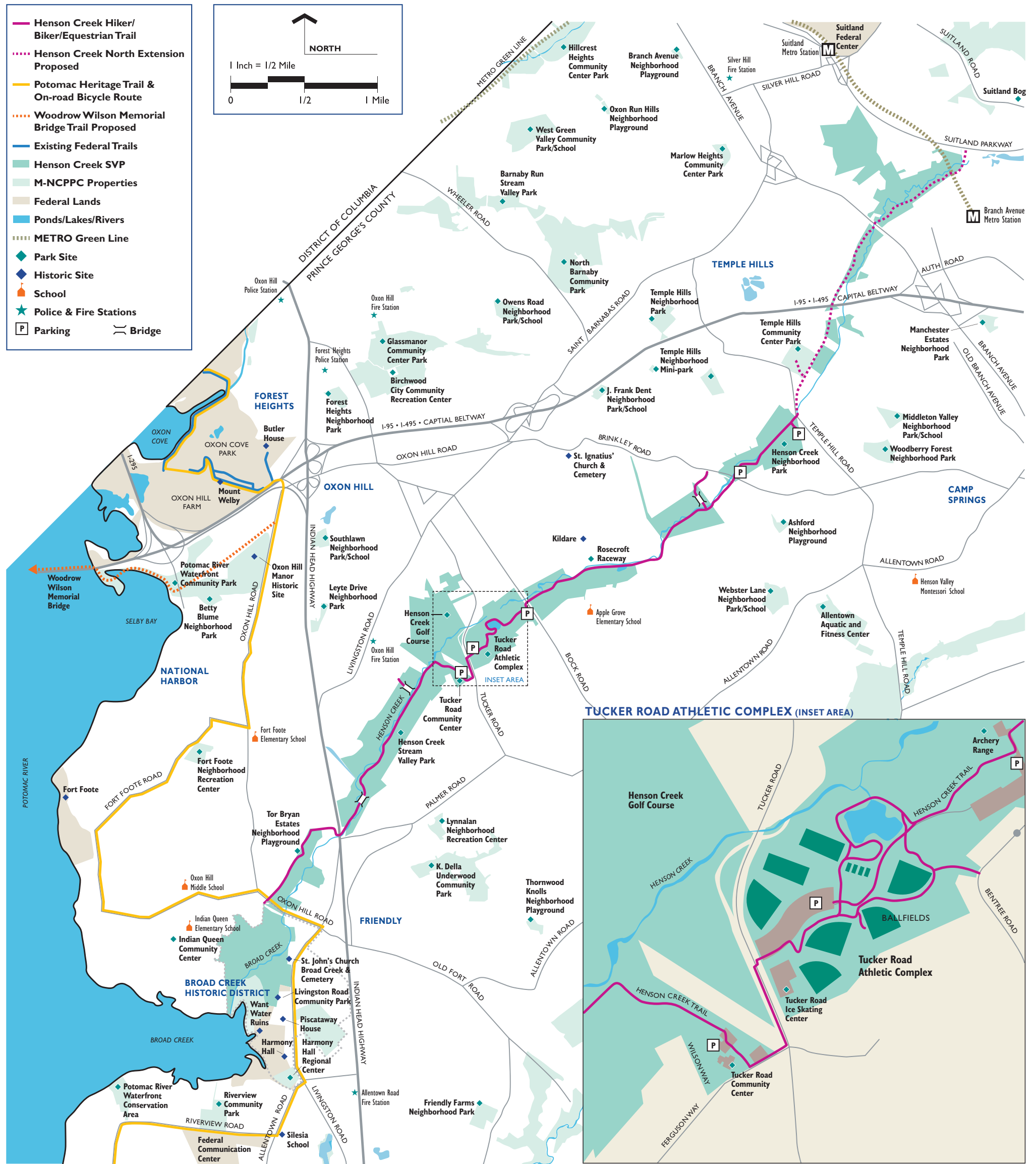


# H E N S O N C R E E K T R A I L



10/08

## T I P S F O R T R A I L S A F E T Y

**SMART TRAIL USE** includes adherence to some basic safety practices. Trails are shared recreation amenities and are accessed by a variety of users at the same time. Please be courteous to all users, and remember that pedestrians have the right-of-way. All trail users should stay to the right on the trail.

- Never use the trails at dark and always follow posted regulations.
- Leave no trace. Place trash in receptacles.
- Bicyclists should pull off the trail when stopping to avoid a possible accident.
- Bicyclists approaching pedestrians should make an advanced noise using voice, bell, or horn to avoid startling walkers.
- Bicyclists should always wear a helmet and ride at speeds that do not exceed 12 miles per hour.

- Horses should be kept on the grass shoulder, when possible.
- With the exception of motorized wheelchairs, motorized vehicles are not allowed on the trail.
- Pets should be kept on a short leash and people must clean up after their pets.
- Be sure to carry identification (which includes name, phone number, and pertinent medical information), and record your bicycle serial number.
- Carry coins for phone calls or have a cell phone.
- Prior to using new trail take the time to familiarize yourself with the trail and plan your route.
- Tell friends or family the route you'll be taking, and always travel with a partner when possible.
- Avoid unfamiliar areas when on the trails alone.

- Stay alert, be observant about your surroundings and avoid areas where visibility is poor.
- Wear reflective material and carry a whistle or noisemaker.
- Never wear headsets.
- Use discretion when acknowledging strangers, and follow your intuition about unfamiliar people and areas.
- When on roadways, remember to ride with traffic, but walk and run against traffic.
- Always carry tools to repair minor issues and especially have supplies to change a flat tire.
- Trails are available for use from sunrise to sunset each day.

**Park Police: 301-459-3232**