Girl Scouts Excited About Recreation

DEPARTMENT OF PARKS & RECREATION, PRINCE GEORGE’S COUNTY
Get excited about recreation and discover the many fun ways to stay fit and learn something new in Prince George’s County. Complete at least one activity from each of the ten items and earn the new *Girl Scouts Excited About Recreation* patch!

You can complete these activities with your troop, your family or individually. When you have completed one activity in each of the ten categories, you can wear your patch proudly.*

For more information about these activities and the Department’s Girls Excited About Recreation initiative, contact the Youth Services Office at 301-446-3416.

*Troop leaders can order this patch at http://www.mncppcapps.org/pgparks/e-store/shop.aspx.

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<th>DATE COMPLETED</th>
<th>ACTIVITY</th>
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<td>1. <strong>Get your FREE M-NCPPC Youth ID card (REQUIRED)</strong>&lt;br&gt;Get total access to all the great opportunities Xtreme Teens has to offer—with an M-NCPPC Youth ID card! Youth ID cards are available for free to Prince George’s County residents* ages 6-17 and provide access to the following. [<a href="http://www.pgxtremeteens.com">http://www.pgxtremeteens.com</a> &gt; About XT &gt; Total Access: Youth ID Cards](<a href="http://www.pgxtremeteens.com">http://www.pgxtremeteens.com</a> &gt; About XT &gt; Total Access: Youth ID Cards)&lt;br&gt;✽ Community center drop-in activities;&lt;br&gt;✽ Xtreme Teens Programs on Fridays and Saturdays, 7-10 pm at community centers throughout the County;&lt;br&gt;✽ Use of community center fitness/weight rooms (some restrictions apply);&lt;br&gt;✽ Trips, performances and sports;&lt;br&gt;✽ Community service projects; and&lt;br&gt;✽ Leadership training and employment opportunities</td>
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<td>2. <strong>Participate in any Xtreme Teens, Xtreme Pre-teens, Kids’ Day Out or After-School Drop-in Activity</strong>&lt;br&gt;Find the latest news on recreation opportunities just for teens and pre-teens at <a href="http://www.pgxtremeteens.com/Hot_Happenings.htm">http://www.pgxtremeteens.com/Hot_Happenings.htm</a>.</td>
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<td>3. <strong>Visit the community center nearest your home</strong>&lt;br&gt;See what classes, programs, drop-in activities and special events for people of all ages are available in your community. <a href="http://www.pgparks.com/Things_To_Do/Community_Centers.htm">http://www.pgparks.com/Things_To_Do/Community_Centers.htm</a>.</td>
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* Not a Prince George’s County resident? You may complete this requirement by subscribing to our weekly e-newsletter (http://www.pgparks.com/About-Parks-and-Recreation/Forms_Library/e-Newsletter_Request_Form.htm) AND following us on social media (link to http://www.pgparks.com/News/Social_Media.htm)
* Baden Community Center
* Beltsville Community Center
* Berwyn Heights Community Center
* Bladensburg Community Center
* Bowie Community Center
* Cedar Heights Community Center
* College Park Community Center and Youth Soccer Complex
* College Park Youth Services Center
* Columbia Park Community Center
* Deerfield Run Community Center
* Fort Washington Forest Community Center
* Glassmanor Community Center
* Glenarden Community Center
* Glenn Dale Community Center
* Good Luck Community Center
* Harmony Hall Regional Center
* Hillcrest Heights Community Center
* Huntington Community Center
* Indian Queen Recreation Center
* John E. Howard Community Center
* Kentland Community Center
* Lake Arbor Community Center
* Langley Park Community Center
* Largo/Kettering/Perrywood Community Center
* Marlow Heights Community Center
* North Brentwood Community Center
* North Forestville Community Center
* Oakcrest Community Center
* Palmer Park Community Center
* Patuxent Community Center
* Peppermill Community Center
* Potomac Landing Community Center
* Prince George’s Plaza Community Center
* Rollingcrest-Chillum Community Center
* Seat Pleasant Activity Center
* South Bowie Community Center
* Southern Regional Technology and Recreation Complex
* Stephen Decatur Community Center
* Suitland Community Center
* Temple Hills Community Center
* Tucker Road Community Center
* Upper Marlboro Community Center
* Vansville Community Center
* William Beanes Community Center

4. Visit an arts facility or attend a performance
Discover the broad spectrum of arts activities and services available at these facilities in the County.
http://arts.pgparks.com
* Brentwood Arts Exchange at Gateway Arts Center
* Arts / Harmony Hall Regional Center
* Montpelier Arts Center
* Prince George’s Publick Playhouse for the Performing Arts
5. **Visit a sports/aquatics site**

Play your favorite sport, learn a new one or just cheer for your favorite team at one of the exciting sports venues.


- Allentown Splash, Tennis and Fitness Park
- Cosca Tennis Bubble
- Ellen E. Linson Splash Park
- Enterprise Golf Course
- Fairland Sports and Aquatics Complex
- Fairland Tennis Bubble
- Glenn Dale Splash Park
- Gunpowder Golf Course
- Hamilton Splash Park
- Henson Creek Golf Course
- Herbert Wells Ice Rink
- J. Franklyn Bourne Memorial Pool
- Lane Manor Splash Park
- North Barnaby Splash Park
- Paint Branch Golf Complex
- Paint Branch Parkway Community Park Disc Golf Course
- Prince George’s County Trap and Skeet Center
- Prince George’s Equestrian Center/The Show Place Arena
- Prince George’s Sports & Learning Complex
- Prince George’s Stadium
- Rollingcrest-Chillum Splash Pool
- Sugar Ray Leonard Amateur Boxing Center
- The Bickford Natatorium at Prince George’s Community College
- The Gardens Ice House
- Theresa Banks Memorial Aquatics Center/Glenarden Complex
- Tucker Road Ice Rink
- Watkins Tennis Bubble
6. Visit a nature center or natural area

Learn how we’re preserving natural resources and educating the public about wildlife and ecology at conservation area sites and natural area parks throughout Prince George’s County.


- Aquasco Farm
- Billingsley Point
- Bladensburg Waterfront Park
- Cheltenham Wetlands Park
- Clearwater Nature Center
- Dueling Creek Natural Area in Colmar Manor
- Lake Artemesia Natural Area
- Mount Rainier Nature and Recreation Center
- Patuxent River Park
- Cedar Haven Fishing Area
- Chesapeake Bay Critical Area Tour
- Clyde Watson Boating Area
- Fran Uhler Natural Area
- Governor Bridge Natural Area & Canoe Launch
- Jug Bay Natural Area
- Mount Calvert Historical and Archaeological Park
- Old Maryland Farm
- Patuxent River 4-H Center
- Patuxent River Scenic Trail at Queen Anne
- Patuxent Water Trail
- Queen Anne Fishing Area
- Queen Anne Natural Area and Canoe Launch
- School House Pond in Upper Marlboro
- Suitland Bog Natural Area
- Watkins Nature Center
7. Visit a trail or regional park
Discover Prince George’s County’s natural beauty through hiking, bicycling, and horseback riding on the trail system or just spending a day playing in the park. Trails are open to the public from sunrise to sunset each day. Regional parks offer amenities from trails to playgrounds to picnic pavilions. http://www.pgparks.com/Your_Parks/Trails.htm
* Anacostia Tributary Trail System
* Cosca Regional Park
* Fairland Regional Park
* Henson Creek Trail
* Patuxent Water Trail
* Walker Mill Regional Park
* Washington, Baltimore & Annapolis Trail
* Watkins Regional Park
* Woodrow Wilson Bridge Trail
* Trails listed in the Wegmans Passport to Family Wellness booklet

8. Visit an historic site
Explore the County’s rich history at historic sites and museums offering programs, events, tours and “visit on your own” opportunities. http://history.pgparks.com
* Abraham Hall
* Adelphi Mill
* Battle of Bladensburg Visitor Center
* Billingsley House
* College Park Airport
* College Park Aviation Museum
* Columbia Air Center
* Darnall’s Chance House Museum
* Dinosaur Park
* Dorsey Chapel
* Marietta House Museum
* Montpelier Mansion
* Mount Calvert Historical and Archeological Park
* Newton White Mansion
* Northampton Slave Quarters and Archeological Park
* Nottingham School
* Oxon Hill Manor
9. **Attend a signature festival**

Attend one of the fantastic annual festivals designed to amuse kids of all ages and the young at heart. Find festival dates and locations at [http://www.pgparks.com/Festivals.htm](http://www.pgparks.com/Festivals.htm).

- American Indian Festival (Call 301-297-4575 for information.)
- Beltway BBQ Showdown
- Hispanic Festival
- Juneteenth Celebration
- Kinderfest
- Montpelier Festival of Herbs, Teas & the Arts
- Safe Summer TeenFest ([http://www.pgxtremeteens.com/hot_Happenings/programs/safe_summer.htm](http://www.pgxtremeteens.com/hot_Happenings/programs/safe_summer.htm))
- Winter Festival of Lights

10. **Volunteer with us**

Share your time, skills and talents! Opportunities to volunteer are almost unlimited! To volunteer as an individual, you must be at least 13 years old. If you are younger than 13 years old, your troop can volunteer as a group as long as your leaders volunteer with you.

ACCOMMODATIONS: The Department of Parks and Recreation encourages and supports the participation of individuals with disabilities. Register at least a minimum of two weeks in advance of the program start date to request and receive a disability accommodation.

10/14