



April & May 2022 *Cycling Seniors* Club Schedule

Cycling is a full body and mind exercise! Join the Park Rangers and the ***Cycling Seniors*** Cycle Club this spring! We have rides for both new and more experienced riders. Please bring your own bicycle and helmet. ***Use of M-NCPPC bike will be available upon request.*** A waiver of liability will need to be signed. **This program is FREE for Prince George's County Residents only, 60 years of age and better!** Club rides will generally take place on the 1st or 2nd Wednesday of each month – April through November, weather permitting, 8-11 am.

To Register: www.pgparksdirect.com
Search by Keyword: *cycling*

Wednesday, April 13, 2022, Lake Artemesia/Paint Branch Trail/Anacostia River Trail, 8-11am

Parks Direct Ticket Code: SPD-SPEC-GA-20220413

Arrive: 7:45am

**Meet: Lake Artemesia, Berwyn Rd & 55th Ave
Berwyn Heights, College Park, MD 20740**

This ride will start at Lake Artemesia and we will ride to the Aquatic Gardens approximately 14 miles round trip. This trail is flat/paved and appropriate for beginner and intermediate cyclists.

Wednesday, May 11, 2022, Washington, Baltimore & Annapolis (WB&A) Trail 8-11am

Parks Direct Ticket Code: GDCC-SPEC-GA-20220511

Arrive: 7:45 am

**Meet: Glenn Dale Community Center
11901 Glenn Dale Blvd. Glenn Dale, 20769**

This flat and paved trail extends from Route 450 in Glenn Dale, running northeasterly to the Patuxent River. This trail is appropriate for beginner and intermediate cyclists. We will be riding a total of approximately 12 miles.

For questions please call, 301-446-3403.

