



September, October & November 2022 Group Walk Schedule

All walks are on Monday morning beginning at **8:30 am** and **conclude by 10:30 am**. Pre-registration is not required, however everyone attending the walk will need to sign in and out. Face coverings are optional in an outdoor setting. Please also bring your own water and if needed, your own snack.

September 5 No group walk – Labor Day

September 12 Lake Artemesia
Meet at: Entrance to Lake Artemesia,
5400 Block Berwyn Road at Ballew Ave., Berwyn Heights 20740

Active Aging Week is September 12 – 16! Brochure of activities to come!

September 19 Cosca Regional Park
Meet at: Main entrance by ball fields
11000 Thrift Road, Clinton, 20735
Please note this walk has areas of rough terrain, natural surfaces, some roots and hills.

September 26 Washington, Baltimore & Annapolis Trail
Meet at: Foxhill Park
5001 Collington Road, Bowie, MD 20715

WALKTOBER

October 3 Bladensburg Waterfront - Anacostia River Trail
Meet at: Bladensburg Waterfront Park
4601 Annapolis Road, Bladensburg, 20710

Wednesday, October 5 is Walk Maryland Day!

Join us for a group walk at Watkins Regional Park. Bring your friends, family, grandchildren as this walk is open to all. Meet by the carousel. 301 Watkins Park Drive, Upper Marlboro, 20774



- October 10 Henson Creek Trail
 Meet at: Tucker Road Community Center
 1771 Tucker Road, Fort Washington, 20744
- October 17 Washington, Baltimore Annapolis Trail (WB&A)
 Meet at: Glenn Dale Community Center
 11901 Glenn Dale Blvd., Glenn Dale, 20769
- October 24 Tucker Road Loop Trail
 Meet at: Tucker Road Athletic Complex (meet in the parking lot by the Ice Rink)
 1770 Tucker Rd, Fort Washington, MD 20744
- October 31 Buddy Attick Lake Park
 Meet at: Picnic tables overlooking the lake
 555 Crescent Road, Greenbelt, 20770
Please note this walk is around the lake and is natural surface (NOT PAVED) and may walk over roots.
- November 7 Fort Washington National Park
 Meet at: the parking lot closest to the fort
 13511 Fort Washington Road, Fort Washington 20744
- November 14 Northeast Branch Trail
 Meet at: Wells-Linson Complex
 5211 Campus Drive, College Park, 20740
- November 21 Lake Artemesia
 Meet at: Entrance to Lake Artemesia,
 5400 Block Berwyn Road at Ballew Ave., Berwyn Heights 20740
- November 28 Fairwood Community Park
 Meet at: Pavillion
 12700 Fairwood Pkwy, Bowie

Club 300 Weather Policy:

For outdoor group walks, in the event of inclement weather (heavy rain, lightning, weather advisories, or temperature below 32 degrees), outdoor group walks will be cancelled. Sign up for our PG Parks Alerts and get the latest information on M-NCPPC closures due to weather, maintenance or other emergencies. Go to www.pgparcs.com and sign up for PG Parks today.

For more information, email seniors@pgparcs.com or call 301-446-3403
 To record your miles, www.pgparcs.com/945/Club-300

